HeartCycle Bicycle Tour Club Steamboat Springs NextGen Tour 2025

Dates: Orientation meeting Sunday, August 17, 2025, at 7:00pm.

Riding Monday, August 18 – Thursday, August 21. Departure

Friday, August 22 (lodging last night included).

Leaders: Mark and Greg Lestikow; **SAGs:** Mayoma Pendergast and

Kathleen Schindler

Miles: 165–205 miles with 10,200–12,400 feet of climbing

Rating: Intermediate

Riders: 30

Cost: \$1,350 (double occupancy). Deposit \$350 at registration.

Balance due by May 19, 2025. Single supplement \$2,025.

Cancellation: <u>Standard cancellation policy</u>

Travel insurance is strongly recommended.



Photo Credit: David Deitrich

OVERVIEW

Join us as we explore a new take on a club favorite in one of the loveliest parts of Colorado: Steamboat Springs. Over four days of fixed-based touring, we'll pass through high-country ranches and mountain lakes, with plenty of time to enjoy Steamboat's great food scene and laid-back environment. On three of the four days, you'll have the option to check out new routes on fun and well-maintained gravel roads that take you to more remote parts of the surrounding countryside. And if you need a break from all that cycling, try a steamy soak at one of the valley's natural mineral hot springs.

This tour will be Heart Cycle's first installment of the NextGen (next-generation) tour format, which is aimed at attracting a new generation of cyclists to the club. All are welcome to register for the ride; priority will be given to (1) pairs or groups with one or more cyclists under age 45 and (2) single registrants under 45. So, if you are a current member over age 45, think about younger folks in your life that might enjoy doing this tour with you (or on their own, if they can't stand you or vice versa!): children, grandchildren, nephews, nieces, colleagues, etc.

ITINERARY

Day 0: Sunday, August 17, 2025

Orientation meeting, Nordic Lodge, Steamboat Springs, at 7:00pm. Arrive at the vintage Nordic Lodge situated in the center of town.

Day 1: Monday, August 18

Three Witches Loop. 52 miles with 3,800 feet of elevation gain.

We will be tackling the iconic Three Witches loop southwest of Steamboat. The rolling hill climb up Twenty Mile Road is just a warmup for the rollercoaster of the Three Witches—three short, punchy climbs that get a bit longer and a bit steeper as you go! Lunch in charming Oak Creek at Decker Park. The afternoon will be a return past Stagecoach Lake and Yellow Jacket Pass.



Day 2: Tuesday, August 19

Steamboat Lake. 50 miles with 3,400 feet of elevation gain.

The Steamboat Lake out-and-back route heads north of town along Elk River Road for a scenic, rolling ride through the valley, past the town of Clark and ranches to Steamboat Lake. We'll return to Steamboat after lunch.



Gravel Option. 58 miles with 3,500 feet of elevation gain.

You can turn this ride into a lollipop with 10 miles of well-groomed gravel riding, which starts after our morning SAG stop. On this route, you'll drop into Steamboat Lake from the north and meet up with the rest of the group for lunch at the Steamboat Lake Visitor Center.

Day 3: Wednesday, August 20

Catamount Lake. 30 miles with 1,100 feet of elevation gain.

We'll head south from town to ride past the historic ranches near Steamboat, catch glimpses of sandhill cranes that summer in the valley while cycling past stunning Catamount Lake. After our morning SAG stop, we'll return to town for lunch past several horse ranches.



Gravel Option. 45 miles with 1,900 feet of elevation gain.

After our morning SAG stop, you can choose to continue south along windy gravel roads to the Sarvis Creek Trailhead and the northern shore of Stagecoach Reservoir. The lollipop route then takes you back north through horse country to Steamboat.

Day 4: Thursday, August 21

Spanish Town. 33 miles with 1,900 feet of elevation gain.

We'll wrap up our week with an entirely new route! After a quick jaunt west on Highway 40, we'll turn south at the town of Milner for a ride down idyllic country roads. This 7-mile segment is the only "required" gravel riding on the trip, but don't fret—it's a mellow and well-maintained stretch of road. We'll then take scenic County Road 33 back into town (keep an eye out for emus to the north!).



Gravel Option. 50 miles with 3,200 feet of elevation gain. For those who want a more challenging final day, we'll have the option to ride the "One-and-a-Half Witches" route. The figure-8 has an additional 8 miles of gravel before we meet back up with the main road right in the middle of the "Second Witch" from our first day of riding. We'll ride the Witches in



reverse, then meet up with County Road 33 for our triumphant return to town and a well-earned beverage.

Your last night's stay is included. We say our goodbyes on Friday, August 22, and depart Steamboat Springs.

Notes:

Low gears (compact with 32 or greater on the rear cluster) and 25-mm (or greater) tires/gravel tires are highly recommended.

The tour includes snacks and lunch on daily rides as well as one group dinner.

Breakfasts and other dinners are on your own—lots of great restaurants are within easy walking distance.

For more information contact:

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